

Introduction to Standards Related to Building Life Cycle & Sustainability

Active Learning Exercises 1

Go to <http://www.footprintcalculator.org/> and calculate your ecological footprint.

- a. In one paragraph, describe your ecological footprint. Describe the aspects of your lifestyle that most heavily contribute to your ecological footprint. How does your home or dwelling contribute to this footprint?
- b. Retake the ecological footprint calculator, but this time, fill in answers based on how you want your lifestyle to look in 5 to 10 years. Describe in one paragraph how your ecological footprint changed. What lifestyle choices are contributing to your future ecological footprint? How does your choice of home dwelling contribute to your footprint in the future?